

TOWARDS A HOLISTIC PSYCHOSOCIAL OFFER OF SERVICE FOR CHILDREN AND YOUTH WITH DCD

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Introduction

- Children and youth with DCD are at risk of psychosocial distress including depression and anxiety.
- Self-concept and auto-determination impact how DCD affects mental health

Objective: The Lethbridge-Layton-Mackay Rehabilitation Center (LLMRC) aims to:

- optimize **participation** of children with DCD and **families**.
- enhancing its **holistic** offer of service in which both motor and **psychosocial** needs
- according to **best practices**.

Methods

- Literature review of best practices in DCD (N= 22; between 2014-2020)
- Consulting experts in the field
- Conducted a survey to receive feedback from our clientele
- Benchmarking in Quebec

Conclusion

- Towards a partnership of care approach
- Emphasizing awareness of living with DCD
- Empowering meaningful participation throughout their lifespan

Program development of interdisciplinary rehab services across the lifespan for DCD should encompass both motor and psychosocial needs

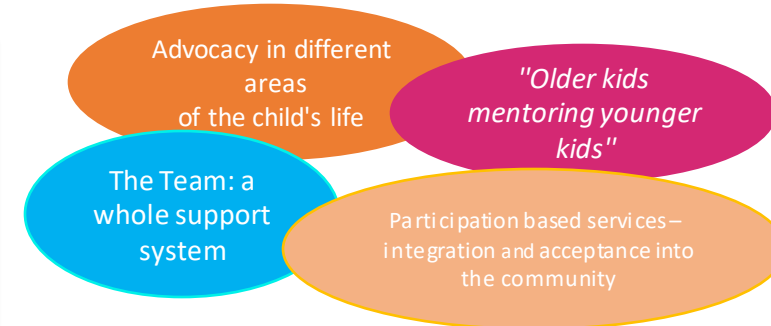


Results

1. Literature review

Grey Literature	Scientific Literature
<ul style="list-style-type: none"> • Building support networks and advocacy: parents, friends, school, community • Providing age appropriate information about diagnosis • Assessing child for depression, anxiety, bullying, friendship patterns, and social skills • Develop self advocacy skills and encourage resilience 	<ul style="list-style-type: none"> • Increased internalizing problems with DCD • Risk of anxiety and depression • Across the age span • Need for regular screening of these psychosocial factors • Environmental Stress Hypothesis - Evidence for protective factors or mediating factors • Pointing towards areas for intervention: leisure or physical activity, peer support, motor

2. Consulting experts in the field of DCD



3. Feedback from families



4. Benchmarking in Quebec

