

MENTAL HEALTH MATTERS



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BACKGROUND AND RATIONALE

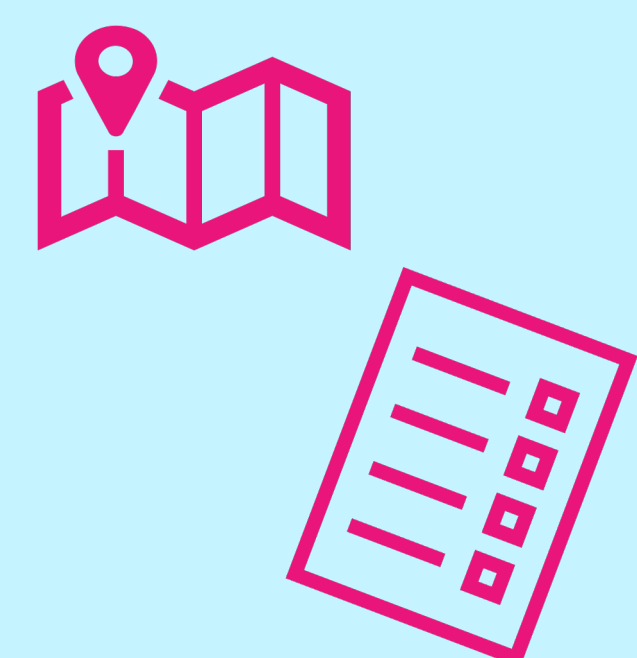
- Children with disabilities are more likely to have co-morbid mental health problems^{1,2}.
- The COVID-19 pandemic has heightened the psychological impact on children with disabilities and their parents³.

OUR OBJECTIVES (O)

- O1:** Map out and describe existing pediatric mental health services/care-pathways.
- O2:** Explore mental health “red flags” from the perspectives of clinicians’ and caregivers of children with disabilities.
- O3:** Instigate a network of key stakeholders.

METHODS

A multi-centered, mixed-method, **patient-oriented** study design will be employed across participating clinical sites.



O1: Outreach- contacting clinical managers to outline and describe existing mental health care pathways.

O2: Semi-structured interviews to assess the reality of mental health management.

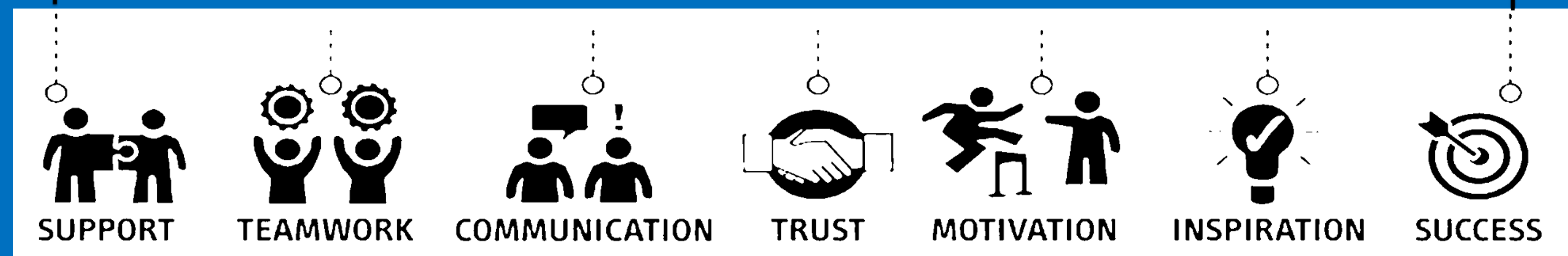


O3: A wide call for network buildout.

IMPACTS

- O1:** Allows us to consolidate existing resources, services, and supports for pediatric mental health; identify service gaps.
- O2:** Allows us to understand the reality of mental health management, identify priorities.
- O3:** Improve mental health management in the field of pediatrics.

PATIENT-PARTNERS



A CRIR New Initiative project is starting across 3 Quebec clinical sites to optimize the mental health outcomes for children with disabilities and their families.

Help us to outline existing pediatric mental health programs by filling out a simple form attached through the QR code below!

Stay tuned on how you can get involved in assessing the reality of pediatric mental health management!



Take a picture to download the poster, and extraction forms and for more information!

CONTACT INFORMATION

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ADDITIONAL INFORMATION



HOW WE INVOLVE PATIENT-PARTNERS

1. Development of study protocol.
2. Development of interview guide for parents
3. Assistance with data interpretation and design of the collection.
4. Assistance with web design.
5. Knowledge translation (KT) activities.

OUR KNOWLEDGE MOBILIZATION PLAN

- **O2** results to be submitted for publication. Findings will be shared via webinars to a target audience.
- Information briefs will be developed and distributed.
- CRIR talking research seminar, to share results with other CRIR sites & partners.
- ConneKT fund will support a KT plan.

PROPOSED WEBSITE MAIN PAGE TEMPLATE



References

1. Ólafsdóttir LB, Egilson ST, Árnadóttir U, Hardonk SC. Child and parent perspectives of life quality of children with physical impairments compared with non-disabled peers. *Scandinavian Journal of Occupational Therapy*. 2019;26(7):496-504. doi:10.1080/11038128.2018.1509371
2. Steele M, Taylor E, Young C, McGrath P, Lyttle BD, Davidson B. 'Mental health of children and adolescents with Duchenne muscular dystrophy.' *Developmental Medicine & Child Neurology*. 2008;50(8):638-639. doi:10.1111/j.1469-8749.2008.03024.x
3. Sharma M, Mindermann S, Rogers-Smith C, et al. Understanding the effectiveness of government interventions against the resurgence of COVID-19 in Europe. *Nat Commun*. 2021;12(1):5820. doi:10.1038/s41467-021-26013-4